



Congratulations! Well done! Way to go! You did it!

Many of you have completed your first round of teen Mental Health First Aid. Thanks to you, teens in your community are better equipped with the skills they need to support their friends!



Don't Forget

Enter your courses

Use the Submit-a-course portal to enter your courses to make sure your instructors receive credit for teaching.

[Access the portal here](#)

Data reporting

To streamline reporting for our funders (DESE/DMH) we ask that you complete this form for each completed course. You will enter the dates of your course and the number of students who completed the course.

[Data Reporting](#)

Are you ready for next year?

Planning and preparing

- Take time to review and give yourself a pat on the back.
- List a few Wins?
- Name a few Challenges?
- Do you plan to scale up or down?
- Will you repeat the same grade level next school year?
- Any changes to time/day that you implement with teens?

Manual request/additional instructors

- You will request materials through us.
- Number of students to be trained = number of manuals needed.
- Additional instructors needed?

[tMHFA Manual Instructor Request](#)

SAVE THE DATE - Final cohort calls

Reminders:

- *Only one person from you school or organization needs to attend*

- *You may attend either 7:30am or 3:30 pm*
- *Calls are recorded for those unable to attend*

May 9, 7:30 am or 3:30 pm
Next year/Scaling up

Use this zoom link for each meeting:
<https://umsystem.zoom.us/j/98992636405>



Questions? Email us at teen@mhfamissouri.org

Mental Health First Aid Missouri | 1 University Blvd., St. Louis, MO 63121

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Sent by teen@mhfamissouri.org